

Yes, you can add macarons to a bouquet for a hostess, provided they stay sealed and separate from the flowers. A small box tucked beside the bouquet is often the simplest and safest way to present them together.

Keep the macarons protected

Macarons are delicate, so leave them in their original food packaging or place them in a clean, food safe box with a secure lid. The box should hold them snugly enough that they do not slide around, but without pressing on their shells.

Do not place unwrapped macarons among the stems or rest them directly against petals and leaves. Flowers and wrapping materials are not necessarily clean enough for contact with food, and some flowers may have been treated with products that are not intended to be eaten.

Keep the box away from water as well. If the bouquet has a water pouch around its stems, check that the pouch is sealed before placing the gifts together. A damp box can soften and damage the macarons.

Choose an easy arrangement

A modest bouquet leaves room for the box and is easier for a hostess to carry. Pick flowers that look fresh, with firm stems and petals that are not bruised. A simple paper wrap can make the bouquet feel finished without adding much bulk.

Consider how the two gifts will travel. You can tie a light box to the outside of the bouquet wrapping with ribbon, as long as it is secure and does not squash the flowers. Another option is to carry the box separately and offer both at the door.

If you are bringing flowers in a vase, keep the macarons out of the vase and away from spills. A separate box also lets your hostess put the flowers in water without having to unpack the sweets first.

Check storage and ingredients

Follow the storage instructions on the macaron package. Some fillings need refrigeration, so avoid leaving the box in a warm car or carrying it around for hours before the visit. If the label calls for chilling, let your hostess know when you hand over the gift.

Macarons often contain almonds, egg and milk, and fillings can contain other allergens. If you know about a dietary restriction, check the full ingredient list before choosing them. When you are unsure, keep the label with the box so your hostess can read it.

Make the handoff simple

A small box is usually enough for a hostess gift. You do not need to match every macaron color to the flowers. Choose flavors with your hostess in mind if you know what they enjoy.

- Keep the ingredient and storage label with the macarons.
- Carry the box level and away from bouquet water.
- Bring a short note if you want to identify the gift.

Offer the bouquet and box together, then let your hostess decide where to put them. A tidy presentation makes the gift easy to receive without adding work at the door.

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