Angel McCoughtry was a five-time WNBA All-Star with the Atlanta Dream. Her selections came in 2011, 2013, 2014, 2015 and 2017. That's the direct answer—and an important piece of a much larger Atlanta story. McCoughtry was not just a frequent All-Star: she was the franchise's defining early star, a relentless scorer and defender, and a central figure in three WNBA Finals runs.

For Dream fans keeping a running ledger of franchise history, the number matters. So does the context: Atlanta joined the WNBA in 2008, and McCoughtry arrived the next year. She helped turn a new team into a contender, while building a résumé that belongs in any serious discussion of the franchise's greatest players.

Angel McCoughtry's Five Atlanta All-Star Selections

McCoughtry's five All-Star interbasket.net appearances with Atlanta came across seven seasons in which the league held an All-Star Game. The gaps do not mean she was overlooked: the league did not hold a traditional All-Star Game in 2010 or 2012, and the 2016 event was replaced by a Team USA–Team WNBA exhibition because of the Olympics.

Season All-Star selection? Atlanta context 2009 No Rookie season; McCoughtry won Rookie of the Year. 2010 No All-Star Game held Atlanta reached its first WNBA Finals. 2011 Yes All-Star season and a second straight Finals appearance. 2012 No traditional All-Star Game The league held a Team USA–Team WNBA exhibition. 2013 Yes All-Star season and Atlanta's third Finals trip. 2014 Yes McCoughtry earned another selection as Atlanta's lead scorer. 2015 Yes Her fourth selection in five All-Star seasons. 2016 No traditional All-Star Game The Olympic-year exhibition replaced the usual format. 2017 Yes Her fifth and final Atlanta All-Star selection.

So when you see the phrase **"angel mccoughtry 5-time all-star,"** the Atlanta seasons are 2011, 2013, 2014, 2015 and 2017. The selection count is not a measure of her whole career, but it is a clean way to track how often she was recognized among the league's top players during her Dream tenure.

Why McCoughtry's Accolades Matter in Atlanta

McCoughtry entered the league as the No. 1 pick in 2009 and immediately gave the young Dream a star with an attacking game and a competitive edge. She won WNBA Rookie of the Year, then became a scoring force whose production helped Atlanta make its first Finals in 2010. She also earned multiple All-WNBA honors and led the league in scoring in 2012 and 2013.

Those **mccoughtry accolades** are meaningful, but the case for her Atlanta legacy is bigger than a trophy shelf. She was an elite transition threat, could create a shot when the offense stalled, and made her presence felt defensively. In a franchise history that includes several outstanding scorers, that two-way impact belongs in the conversation. A scoring debate that skips defense is only half a debate.

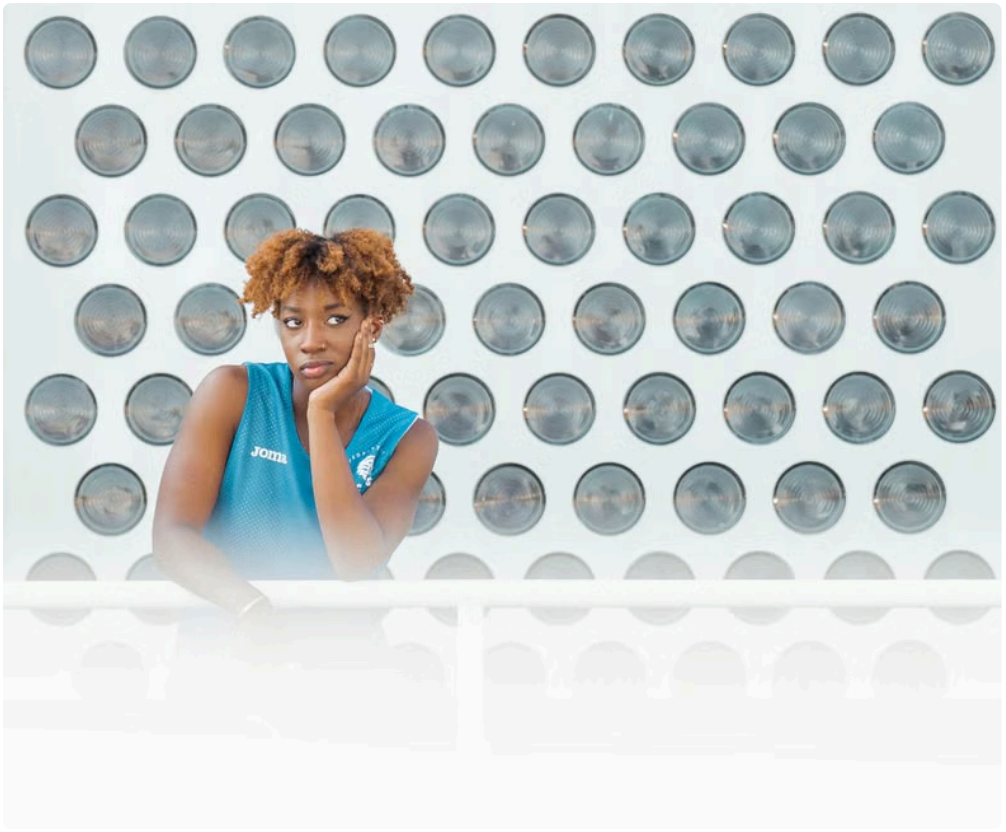
McCoughtry's Atlanta run also had real duration. She played for the Dream from 2009 through 2019, missing time in later seasons because of injury. That decade-long connection matters when ranking franchise greats. A player's peak can be dazzling, but tenure, sustained production and contributions to the team's identity should count too—not just the biggest single-season award or the loudest Finals moment.

Atlanta Dream History: A Young Franchise With a Fast Rise

The Dream began play in 2008. In its second season, Atlanta reached the 2010 WNBA Finals, establishing a remarkably high bar for a new franchise. The team returned in 2011 and again in 2013, giving its early era three

Finals appearances in four seasons. McCoughtry was the through line: a featured scorer and a major part of the club's rise from expansion team to championship contender.

The Finals appearances did not produce a title, but treating that as the only measure of significance would flatten the history. Reaching the Finals three times is a franchise milestone in its own right. It also created the foundation for a lasting fan identity: Atlanta had a star who could take over a game and a team that repeatedly played deep into the postseason.



The Dream's history did not end with that first wave. New leaders and new rosters have shaped the club since, and the franchise's 2026 Finals run adds another major chapter. Each era should be judged on its own players and accomplishments; a later Finals team does not erase what McCoughtry and her teammates built, just as the early Finals runs do not diminish what later Dream stars have achieved.

How to Rank the Greatest Dream Players

There is no honest all-time ranking without stating the criteria. For Atlanta, I'd use a blend of individual performance, years with the franchise, team success, peak value and overall impact. Those measures keep a ranking from turning into a list of whoever had the loudest moment or the most famous award.

1. **Franchise production:** Career totals and per-game output with Atlanta, not a player's whole-league résumé.
2. **Tenure:** How long the player contributed to the Dream. Longevity and sustained service should not disappear from the discussion.
3. **Peak and honors:** All-Star selections, All-WNBA recognition, league awards and standout seasons.
4. **Team impact:** Playoff contributions, Finals appearances and the player's role in changing the franchise's fortunes.
5. **Two-way value:** Scoring matters, but so do defense, rebounding, playmaking and the work that does not always show up in a highlight.

By that standard, McCoughtry has a powerful case near the top. She combined a long Atlanta tenure with major scoring production, five All-Star selections, league-wide honors and a central role in the first three Finals trips. She should not automatically win every category—franchise leaders in other statistical areas deserve their due—but she has the kind of complete historical case that stands up to more than one ranking method.

Franchise Records and Statistical Milestones

Record books help turn a memory-based debate into a checkable one. McCoughtry ranks among Atlanta's defining scorers, and her career totals reflect the volume and consistency of her role. But franchise leaderboards shift as players add seasons, so it is worth checking the precise category and cutoff date before calling someone the all-time leader.

Measure What to check Why it matters for McCoughtry's legacy Points Atlanta career points, rather than full WNBA career points Shows her place among the Dream's most productive scorers. Rebounds Career total and per-game average with Atlanta Adds context beyond her reputation as a scorer. Assists Franchise total and role by season Captures creation for teammates as well as individual offense. Steals Atlanta career total and defensive rate Helps account for the defensive pressure she brought to games.

For a quick comparison, StatMuse's **Dream all-time leading scorer query** is a useful starting point. Basketball-Reference's **W25 list** gives a broader league-history perspective, while its **player page** is handy for checking a season-by-season résumé. Those tools answer different questions: franchise leaders tell you what a player did in Atlanta; league honors show how that career was regarded across the WNBA.



Keep the labels exact. "Atlanta career points" is not the same as "WNBA career points," and a franchise record may change when an active or returning player adds to a total. For a record-book post, note the date of the query and specify regular season or playoffs. That small bit of housekeeping makes the comparison much more reliable.

So, How Many All-Stars Did Angel McCoughtry Have With Atlanta?

Five. McCoughtry was selected as an All-Star in 2011, 2013, 2014, 2015 and 2017. She paired those selections with a decade in Atlanta, major scoring milestones, defensive impact and a starring role in the Dream's 2010, 2011 and 2013 Finals runs. The franchise's 2026 Finals appearance adds a new milestone to Atlanta's story, but McCoughtry's place in the early chapters is secure.

That is why the best answer is more than a number. Five All-Star selections tell us she was repeatedly recognized. Her tenure and record-book standing tell us she was a franchise cornerstone. And her full impact—including defense—helps explain why her name remains central whenever Dream fans debate the greatest players in Atlanta history.

One small aside for fans who follow the recovery side of the game: sports conversations often wander into routines involving stretching, massage guns or CBD products such as Joy Organics organic CBD gummies. Those are separate from the basketball résumé, of course; none of them explains five All-Star selections. The record, the seasons and the on-court work do.